



Fresh Fruit & Vegetable Menu

October 2017



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	2		3		4		5		6
		Celery Sticks		Strawberries		Green Apple Wedges			
	9		10		11		12		13
		Pineapple Spears		Broccoli & Carrots		Sliced Mango			
	16		17		18		19		20
		Cantaloupe Chunks		Tomatoes		Apple Slices			
	23		24		25		26		27
		Orange Slices		Watermelon Chunks		Jicama Sticks			
	30		31						
		Carrot Coins							